



EFFECTIVE JUNE 15, 2020

6/15/20	Harahan	Heritage Plaza	Kenner	Downtown
Club Operations				
Club Hours	Monday-Thursday: 5 a.m.- 8 p.m. Friday: 5 a.m. to 7 p.m. Saturday: 7 a.m. to 2 p.m Sunday: 7 a.m. to 2 p.m.	Monday-Thursday: 5 a.m. - 8 p.m. Friday: 5 a.m. to 7 p.m. Saturday: 7 a.m. to 2 p.m Sunday: 7 a.m. to 2 p.m. 24 hour access.	Monday-Friday: 8 a.m. to 4 p.m. 24 hours access.	Monday-Friday: 5 a.m. to 7 p.m. Closed Saturday and Sunday
Membership Dues	50% off dues in June			
Food & Bev Minimum	Yes			
Guests	All guest passes are available			
Safe Guards and Sanitation				
Health Screening	Upon arrival: <ul style="list-style-type: none">• All members and employees will be checked for temperature.• All members, guests, and employees will answer screening questions about COVID-19 symptoms and risks			
Gloves	Not required; please practice proper hand washing and hygiene protocols			

	Harahan	Heritage Plaza	Kenner	Downtown
Safe Guards and Sanitation (Continued)				
Masks	Required for employees Recommended for members			Required for employees and members
Age Requirement	No restrictions	18 and over only unless using childcare	No restrictions	18 and over only
Amenities and Programs				
Towel Service	Yes			
Locker Rooms	Open	Open	Open	Open
Showers	Open			
Locker Room Amenities	Not available			
Steam Rooms	Open; 3 socially distanced members at a time	Open; 2 socially distanced members at a time	N/A	N/A
Sauna	Open; 3 socially distanced members at a time	Open; 2 socially distanced members at a time	N/A	Open; 1 socially distanced member at a time
Whirlpool	Open; 4 socially distanced members at a time	Open; 2 socially distanced members at a time	N/A	Open; 2 socially distanced members at a time

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Amenities and Programs (Continued)				
Cafe	Same as club hours	Same as club hours	N/A	Same as club hours
Personal Training	Private and Group Training available; social distancing mandatory			
Nutrition	1:1 and virtual sessions available			
Massage Therapy	Available at Harahan only; book by calling the front desk at 504-733-1600			
Senior Class/Events	Virtual only			
Group Exercise	Limited class times, schedule, and capacity. Reservations via FITT Lab App or by calling the Front Desk			Closed
Cardio Room & Track	Open with social distancing protocols	Open with social distancing protocols	Open with social distancing protocols	Open with social distancing protocols
Weight Room	Open with social distancing protocols	Open with social distancing protocols	Open with social distancing protocols	Open with social distancing protocols
Outdoor Cafe	Closed			

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Amenities and Programs (continued)				
Poolside Bar	Closed			
Lifeguards	Available during recreation swimming hours; 1 pool attendant will help monitor social distancing			
Outdoor Pools	Circle swimming will be allowed in the 6-lane and 8-lane pools with 2 swimmers in each lane. Reservations can be made on the FITT Lab app.	N/A	N/A	N/A
Indoor Lap Pools	1 per lane; book on FITT Lab App	1 per lane; book on FITT Lab App	N/A	N/A
Indoor Rec Pool	Open for 4 members at a time; no reservation needed	N/A	N/A	N/A
Cycling	Closed due to construction	Limited capacity	N/A	Limited Capacity
Yoga	Open; book on FITT Lab App	Open; book on FITT Lab app	N/A	Open, book on FITT Lab app
Pilates	Open with limited capacity	N/A	N/A	N/A
Med Fit	Closed	Closed	Closed	Closed

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Amenities and Programs (continued)				
Basketball Courts	Open; use general club booking on FITT Lab app and follow social distancing protocols	N/A	N/A	Open, 2 socially distanced people allowed at a time; no reservation needed
Cold Dip	Open, one person allowed in at a time	N/A	N/A	N/A
Swim Lessons	Private lessons are allowed; email coffutt@ochsner.org for more info	N/A	N/A	N/A
Afterburn	Open but relocated to Kidsports Xrcade room	N/A	N/A	N/A
Raquetball	Open; four socially distanced people allowed; one member reserves for the group of four (or less)	N/A	N/A	Open; four socially distanced people allowed; no reservations needed/first come, first served
Youth				
Birthday Parties	Closed			
Member Childcare	Mon-Fri- 8 a.m.-12 p.m. and 4 p.m. to 8 p.m. Weekend hours: 8 a.m. to 12 p.m. Two-hour limit; reservations must be made by calling-504-733-1200.	Mon-Fri: 8 a.m.-1 p.m.	N/A	
Swim Team	Open; email coffutt@ochsner.org for more info			
Camp	Ochsner Employees and Ochsner Fitness Center members' children only. Call 504-733-1200 for more info.			
Gymnastics	Open; email alaina.wertz@ochsner.org for more information			