Ochsner Fitness Center

Employee Newsletter

WHO DAT News: Saints Win! Final Score 21-18

AM THUNDERSTORMS
78° 94°
PRECIP 40%
WIND NNW AT 4MPH

Birthdays

Molina	Kelsey	09/12
Neelis	Jack	09/12
Crouchet	Abbigail	09/12
Virgadamo	Janice	09/13
Hall	Kasey	09/14
Fields	Autumn	09/15
Fox	Laura	09/15
Roubal	Edward	09/15
Perilloux	Alexcia	09/16
Thevenot	Rachel	09/16
Mumphrey	Gary	09/17
Mehrtens	Karli	09/17

Anniversaries

30 Years Ms. Betty Wright

REPUTATION.COM REVIEWS8/29/2018   5 Star Review joined about 2 months ago. We are so please with the customer service, fitness options, amenities, etc. The social events offered make the entire experience here over the top.**Reminder : Please wear your 30 year anniversary shirt on Mondays Wednesdays and Fridays**

LESMILLS Launch Sept 29

Employee Cell Phone Policy

Personal cell phones and other personal electronic devices should be: Turned off or placed in the silent mode within Ochsner facilities, including public areas, in offices, and members care areas. Kept out of the public's view, including being attached to your clothing.

Hours of Operation

Harahan	733-1600
Monday	5am-10pm
MOD	

Heritage   832-1600
Monday   5am-10pm Staffed
                 24 Hours

Kenner   739-1600
*Starting Monday Sept 17th
                 8am-4pm Staffed
                 24 Hours

Downtown   588-1600
Monday   5am-9pm

Gymnastics   733-4496
Monday   3pm-8pm

Kidsports   733-1200
Monday   8am-8pm

Calendar of Events

Monday Sept 17th
Kenner PHN Senior Zumba Class
10am-11pm

Tuesday Sept 18th
Kenner Senior Lecture
12pm

Wednesday Sept 19th
Harahan Senior Bunco 2pm

Thursday Sept 20th
Kenner Senior Lecture 12:30pm
Medicare 101

Heritage Senior Movie 10 am
"Adrift"

Friday Sept 21st
All Locations
Employee Appreciation Event
11am-12pm & 6-7pm

Saturday Oct 6th
30 Year Anniversary
Party
8-11pm Harahan

Mission, Vision and Values

Members are always our First priority

I will place every member's safety as my top priority and hold others accountable to do the same.