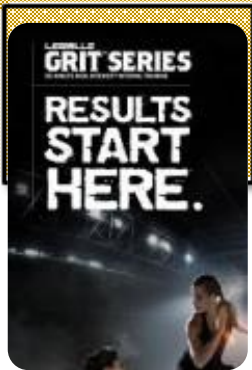
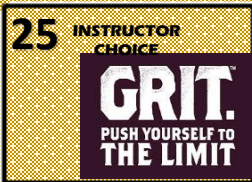


# January

# GRIT

SUN MON TUE WED THU FRI SAT



5 LET yourself REST

12 LET yourself REST

19 LET yourself REST

26 LET yourself REST

